

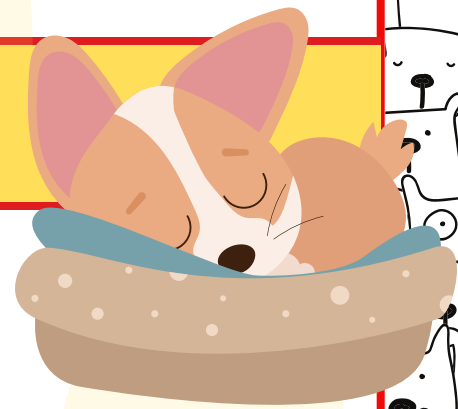
SWITCHING OFF

Switching off and relaxing doesn't come naturally to many dogs
You can teach this valuable skill to this dog

- Regular naps during the day helps EVERYTHING
- Naps should be where they are comfortable, not where you think they should sleep
- Teach place / mat
- Encourage staying when you leave a room by rewarding your dog when they stay on the mat/bed as you take a couple steps away
- Encourage rest when they have been up for a few hours and after exercise

NEVER PUT YOUR DOG TO BED AS PUNISHMENT OR
OUT OF FRUSTRATION

Dogs that are always sent to bed because we are frustrated will gain a negative association with their bed. This is exactly what we don't want. Your dog's resting zone should NEVER be a place of punishment.



YOUR DOG SHOULD HAVE A FEELING OF PEACE AND
CALM ASSOCIATED WITH THEIR BED OR KENNEL, NOT
FEAR, PUNISHMENT OR FRUSTRATION

- If they quickly open their eyes at the slightest noise, they are not asleep
- Consider which room may be best for quality sleep. A busy living room wouldn't be a good choice
- Hyper excitability, not listening, unwanted behaviors can all be signs that your dog needs to switch off and sleep
- Children need to respect a sleeping dog

